

# Hands Up

## Intermediate Line Dance

Music: "Hands Up" by Out of Office 2008

Choreo: Jeff Driggs, P. O. Box 1352, St. Albans, WV 25177 (304)776-9571 [www.doubletoe.com](http://www.doubletoe.com)

Drake Elkin, P. O. Box 92, Cloverdale, IN 46120 [drakemus85@hotmail.com](mailto:drakemus85@hotmail.com)

Wait 16

### Step Descriptions

#### PART A (Intro)

L	S		H	S	S		H	S
R	DT (B)		R	S	DT (B)		R	S
	1 & a		2 & 3 4		5 & a		6 & 7 8	

L	S		H		DT (B)	T (B)	T (B)	S		H	S			
R	DT (B)		T (B)	T (B)	S		H		DT (B)		R	S		
	1 a &		a 2		&		3 a &		a 4		&	5 & a		6 & 7 8

#### PART B (Chorus)

Description of hand move on beats 1 & 2: Standing with feet spread and both hands down and to right of body, left hand goes straight up on beat one then down to left on &... right hand goes up on & (as left goes down) and right hand goes down on 2

L Hand:	Up	Dwn			R	R	DS	S
R Hand:	Up	Dwn	CHUG	S	S	S	R	
	1 &	2	3		4 &	5 &	6 &	7 & 8

L					R	DS	R	R	
R	DT	TCH (XIF)	TCH (XIF)	DS	S		DS	S	S
	& a	1	2		& 3 & 4		& 5 & 6		& 7 & 8

Repeat Hands Up, Chug Chain, Touches, Fancy Double to face front

#### PART C (Verse)

L	DS			DS			DS		DS	BO	BO (OTS)
R	SLUR	S (XIB)		SLUR	S (XIB)		DS (XIF)		BO	BO (OTS)	
	& 1 &	2		& 3 &	4		& 5 & 6		& 7 &	8	

L	SPIN ON BALLS OF FEET ½ LEFT		DS	S		DS	R
R	SPIN ON BALLS OF FEET ½ LEFT	S		R	DS	DS	S
	1			2	& 3 & 4		& 5 & 6 & 7 & 8

Repeat 2 Slurs, Triple Split, Spin N Basic and Triple to face front

#### PART D (Build)

L	S	S	S	UP	S	S	S	STOMP
R	S	UP	S	S	S	UP	S	STOMP
	& 1 &	& 2 &	& 3 4		&	5 &	& 6 &	7 & 8

Description of hand move on beats 1 2 3 & 4: Standing with feet spread and both hands down left, right then circle around to the left

L Hands:	L R circle to L			DS	R
R Hands:	L R circle to L	STOMP		DS	S
	1 2 3 & 4		5		& 6 & 7 & 8

Repeat Pony, Break It Down, and Stomp Double Turn to face front

(Continued on next page)

# Hands Up

## Intermediate Line Dance

Music: "Hands Up" by Out of Office 2008

Wait 16

### Cuers Notes

#### PART A (Intro)

Soccer Synch, Soccer Synch

Turn ¼ left on each

Toe-Toe, Soccer Synch

Turn ½ left to front

#### PART B (Chorus)

Hands Up, Chug Chain

Turn ¾ right on CHUG... SRSRS

Touches, Fancy Double

Turn ¼ left on Fancy Double to back

Repeat to face front

#### PART C (Verse)

2 Slurs, Triple Split

Moving left

Spin 'n a Basic, Triple

Spin to face back

Repeat to face front

#### PART D (Build)

Pony

Moving forward.... A lot

Break It Down, Stomp Double

turn ½ right on Stomp Double

Repeat to face front

(Continued on next page...)

**REPEAT PART B (Chorus)**

**REPEAT PART A (Intro)**

**REPEAT PART C (Verse)**

**PART D (Build)**

**REPEAT PART B (Chorus)**

**BREAK**

L	KICK	S		KICK	S		SL	SL	SL	SL		
R		KICK	S		KICK	S	SL	SL	SL	SL		
	&	1	&	2	&	3	&	4	5	6	7	8

Repeat 3 more times to face all four walls to face four walls

If you want... on the last one only slide 3 times and when whip sounds crack whip or touch booty lol etc

**REPEAT PART A (Intro)**

**REPEAT PART B (Chorus)**

**REPEAT PART B (Chorus)**

**PART B (Chorus)**

Hands Up, Chug Chain  
Touches, Fancy Double  
Hands Up, Chug Chain  
Touches, Fancy Double

**REPEAT PART A**

Soccer Synch, Soccer Synch  
Toe-Toe, Soccer Synch

**PART C (Verse)**

2 Slurs, Triple Split  
Spin 'n a Basic, Triple  
2 Slurs, Triple Split  
Spin 'n a Basic, Triple

**PART D (Build)**

Pony  
Break It Down, Stomp Double  
Pony  
Break It Down, Stomp Double

**PART B (Chorus)**

Hands Up, Chug Chain  
Touches, Fancy Double  
Hands Up, Chug Chain  
Touches, Fancy Double

**BREAK**

Kick Steps, Crazy Slide  
*Moving forward on kicks, on Slides  
hands up  $\frac{3}{4}$  left like "500 miles"*

Repeat to face four walls

**REPEAT PART A**

Soccer Synch, Soccer Synch  
Toe-Toe, Soccer Synch

**PART B (Chorus)**

Hands Up, Chug Chain  
Touches, Fancy Double  
Hands Up, Chug Chain  
Touches, Fancy Double

**PART B (Chorus)**

Hands Up, Chug Chain  
Touches, Fancy Double  
Hands Up, Chug Chain  
Touches, Fancy Double